

ULLSWATER TOGETHER

AUGUST - SEPTEMBER 2024

What's on - Parish updates - Community news
Church services - Local businesses and services

Your Community Newsletter

*Provided by the parishes of the
Ullswater Mission Community*

If you are in holiday
accommodation please
leave for the
next guest

MESSAGE FROM THE MINISTRY TEAM

SHINING BRIGHTER THAN ANY OLYMPIC TORCH

I recently came across an article in a magazine that was looking at the increasing levels of stress and anxiety that people are experiencing in their daily lives... and how their worries are increased when they pause to consider the current cost of living and the challenges of the advancing years upon their health and sense of well-being.

Many expressing a deep desire for guidance, hope and a light to guide their steps.

One lady wisely commented:

If I spent as much time doing the things I worry about getting done as I do worrying about them, I wouldn't have anything to worry about.

As a priest, I am constantly humbled by the level of people's honesty and openness when they begin to speak about their lives and the pressures that they live with on a daily basis; when they give voice to their concerns with regard to their future or their worries for their family.

Too many of us carry such heavy inner burdens day after day – with little apparent hope or prospect of any relief. Many are unsure of which way to turn or who to turn to.

A little amusing tale might provide some direction.

A man and his wife couldn't have any children, so they went to their local priest and asked for prayer. So the priest prayed for them and anointed them with holy oil. Sure enough, about nine months later they had triplets. The couple once again showed up at the priest's office and as soon as the woman saw the priest she ran up to him and gave him the biggest hug.

What was all that about? he asked.

She replied, "I'm just glad you used three-in-one oil and not WD 40!"

Prayer is a precious gift God gives to each of us day by day ... a light in the darkness.

Prayer is a wonderful reservoir of hope and joy when it comes to our levels of anxiety.

The Bible gently encourages us in the midst of our daily lives to *Cast all your anxiety on God because He cares for you.* (~1 Peter 5 v 7).

Geoff

CALLING ALL KNITTERS & CROCHETERS!

BE AN ANGEL AND KNIT AN ANGEL

This Christmas we want to bless all the folk living in our community by giving each house an angel.

Please join us to help make this happen. You can either knit or crochet a simple angel using our free pattern, or you can design your own.

Pick up a pattern from the back of the church or contact

Tracy Cook 07891532979

Rev Cathy 079077404686

Rev Andrew 0796355905

Rev Geoff 07427685265



Patterdale School Beat the Bounds



Keldas bike ride



Patterdale School Beat the Bounds



Patterdale School charity run



Derwent Hill



Derwent Hill



Derwent Hill



Ullswater Mission Community churches worship together at Dalemain

Dacre, Stainton, Newbiggin and Great Blencow

Dacre

ST. ANDREW'S CHURCH, DACRE

Congratulations to the Eco committee who have helped to secure the Eco Church Bronze Award for St Andrew's church. This involves looking at areas of church life covering Worship and Teaching, the Management of Buildings and Land, Community and Global Engagement and Lifestyle. We had Amy Bray from the charity Another way come and speak at our Sunday service in June and she inspired us to make those small changes to make a difference to the world around us.

We will be hosting a table at the Dalemain Harvest festival on Sunday 15th September. Come and find us to look at some Fairtrade produce and lots of ideas of how to make those changes to our lifestyles that will make a positive difference to the climate.

FAIR TRADE FORTNIGHT 9th September to 22nd September. It's 30 years since Fairtrade products first hit the shelves and this year for Fairtrade Fortnight, are spotlighting how WE can Be the Change, by choosing Fairtrade every time.

Their goal is more than people just being aware, it's about them encouraging an active choice to support over 2 million Fairtrade farmers and workers across 58 countries, wherever possible, to ensure they can earn a fairer wage.

Look out in the local shops for the Fairtrade symbol and consider buying Fairtrade chocolate, coffee, tea, flowers, sugar, wine, beer, cotton and even gold!

ALPHA? is for anyone interested in finding out more about the Christian faith in an informal and accessible way. Each evening is from 7.00pm to 8.45pm at Newbiggin Village Hall starting on Tuesday 17th September. This will include a meal, presentation and discussion and is for anyone from Dacre, Watermillock or Matteredale, Barton, Martindale Pooley Bridge parishes. The course will also include a one day event on a Saturday in October.

Participation and commitment?

This is a relaxed 'no pressure' course for people interested in exploring Christian faith. You can stop at any stage of the course if you find that it is not meeting your needs or expectations. Do come and join us or bring someone with you to take time out and explore what it means to be a Christian.

It would be helpful for catering purposes to let us know by phoning, or e-mailing, together with information regarding any dietary requirements.

Contact details: Rev. Cathy Helm 07907 404686 rev.cmhelm@gmail.com

Rev. Gordon Dugmore 07546 082324 revgordondugmore@gmail.com

DACRE VILLAGE HALL

The hall is available for hire. The main hall (can be split into two smaller rooms) – Kitchen – Parking – Play Area – Disabled Access. Competitive rates. Contact 01768 486507 or visit www.cumbriaaction.org.uk/resources/community-buildings-directory/7520

For more information find and follow us on Facebook in 'Dacre (Cumbria) Community'

COFFEE MORNING Saturday 21 September. Drop in any time between 10am – 12noon

Come along for Coffee, Cake and a Chat and maybe win a raffle prize or two. Bring a friend, meet new friends, catch up with old friends.

See our Facebook Page ('Dacre Village Hall') for more info nearer the time.

St Andrew's Church

HARVEST SUPPER



Newbiggin Village Hall
14 September
For tickets contact
Brenda Walton 01768 486376
Rita Braithwaite 01768 483265

Stainton

STAINTON VILLAGE HALL

Information and contact details for all village hall events and activities can be found on our webpage: www.staintonvh.org.uk. Or contact events@staintonvh.org.uk Information posters and details are on our village hall notice boards or check out Stainton Village Hall FB page for regular updates.



TUESDAY COMMUNITY CAFÉ 2-4pm A chance to have a chat over a cuppa and a slice of delicious homemade cake. A selection of second hand books and jigsaws available to buy or borrow. A warm welcome to all.

STAINTON FARMERS' MARKET AND CAFÉ Our Community Farmers' Market, Craft Fair and Café is held on the third Saturday of the month from 9:30am to 12:30pm, offering a wide range of local produce, crafts which are predominantly made in the village, and a chance to catch up with friends and neighbours over a cuppa and a slice of cake.

The market and pop up café are run by members of the Village Hall Committee and volunteers. If you are interested in having a stall, lending a hand, or would like any further information about the market or café, please email farmersmarket@staintonvh.org.uk

Next dates: Saturday 17 August and 21 September.

STAINTON AND NEWBIGGIN PLAYGROUPE Mondays 9:30 – 11:30. On the first Monday of every month. Meet at Rheged Soft Play at a later start of 10am. For information/contact see Stainton and Newbiggin Playgroup Facebook page.

PLEASE NOTE: there is no playgroup at the Hall during the school summer holidays and will reopen on Monday 9 September. But do check out the playgroup WhatsApp group each week to see if anyone would like to meet up elsewhere.

VIRTUAL VILLAGE HALL QUIZ Last Friday of the month from 8-00 pm. **23 August + 27 September** Friends and family across the Globe come together on Zoom to compete in our excellent monthly Quiz. It's a great way to enjoy a catch up with distant friends whilst working those brain cells. Being the winning team is an added bonus! We'd love some *NEW TEAMS/MEMBERS*- everyone welcome. Email enquiries@staintonvh.org.uk or message our Facebook page.

****NEW** COMMUNITY CINEMA** Monthly film screenings will start in Autumn on Friday 4 October with additional dates on Friday 8 November and Friday 6 December. All showings will start at 7:30pm with cartoons before the main feature and ice cream in the interval. We will be serving tea and coffee, you are welcome to bring your own drinks and The Kings Arms will be very pleased to provide you with pizza if ordered in advance. We look forward to seeing you. £5 entry.

EDEN VALLEY GUILD PEG LOOM WORKSHOP Sunday 22 September 10am - 4pm Explore the use of a peg loom using a variety of materials. Equipment will be provided plus some materials. Participants can also bring along their own ribbons etc to weave into creative designs. Approx 12 spaces only so booking is essential. £35 for the day which includes light refreshments. More details nearer the date. To book email events@staintonvh.org.uk

STAINTON REC COMMITTEE

Residents of Stainton - We need you!

The rec is a community owned asset and the committee responsible for it is made of volunteers from the village. We are seeking new volunteers to join the committee; to help with our current events, help deliver new events and ensure that the rec continues to be a great community asset. Anyone wishing to volunteer is most welcome and should contact staintonreccommittee@gmail.com.

STAINTON AND DISTRICT GARDEN CLUB

Third Thursday each month Stainton Methodist Church 7pm

Talks at Stainton Methodist Church during the Autumn/Winter months and garden visits during the Summer. Please contact: dot@staintonvh.org.uk if you want to find out more about Garden Club activities or be added to the members mailing list. *Garden visits can only be attended by prior booking with Dot.*

REGULAR HEALTH, EXERCISE AND DANCE CLASSES AT STANTON VILLAGE HALL

Shotocan Karate Class (Adults/Children 5+)	Mon 5:30 – 6:30pm	christinepullan@hotmail.com 07900243662
Kanzen Karate (Children)	Wed 4:30 – 5:30pm	christinepullan@hotmail.com 07900243662
Keep Fit	Mon 7:00 – 8:00am	Margaret Baglee 01768 864136 June Balmer 0176864319
Pilates with Pure Stretch	Tue 9:30 – 10:00am and 10:30 – 11:15am	sarah.j.newby@gmail.com 07989744557
Get Fit 4 Life	Wed 10:15 – 11:15am	debbie@get-active.co.uk 07776 162125
Stick Mobility	Wed. One hour from 6:00 and 7:00pm	Certified Stick Mobility instructors
Circuits	Thurs 9:00 – 9:45am	sarah.j.newby@gmail.com 07989744557
Pure Stretch	Thurs 10:00 – 10:45am	sarah.j.newby@gmail.com 07989744557
Boot Camp	Thurs 17:00 – 17:45 and 18:00 – 18:45	Charlotteckfitness98@gmail.com Christine Sutherland – 07786 073584 christinepsutherland@gmail.com Peter Simpson – 07880 864224 simplogg@btinternet.com
Scottish Country Dancing (experienced dancers)	Thu 7:30 – 10:00pm	
Iyengar Yoga	Fri 11:45 – 12:45pm	kate@katestannardyoga.com
Let's Box	Fri 1:30 – 2:30pm	debbie@get-active.co.uk or 07776 162125

Newbiggin

MIDWEEK CHRISTIAN SERVICE

On the first Thursday of the month we hold a midweek service in Newbiggin Village Hall. It is a gentle service of approximately thirty minutes consisting of music, readings, reflection and prayer. Our service commences at 12:30pm and is followed by a soup lunch.

It would be helpful for catering purposes to have some idea of how many will be coming. Please let Ann or Gordon know if you will be joining us. Tel:07546 082324 revgordondugmore@gmail.com

Please come and join us. All are welcome.

NEWBIGGIN VILLAGE HALL



We host a wide variety of activities and events arranged by residents or local interest groups. Please see our website:- www.newbigginvh.co.uk or scan our QR code.



NVH COMMUNITY CAFE is open on Wednesdays from 2:00 – 4:00pm and welcomes local residents and visitors. It's a great chance to catch up with friends and enjoy the local gossip, weather permitting on our picnic tables looking out over the Pennines and Cross Fell. We serve tea and coffee (with free refills) and lots of yummy homemade cakes, tray-bakes and scones – all at extremely reasonable prices. Browse the nik-nak stall and pick up some great bargains. Use our *free super-fast wi-fi* to catch up on your social media. Takeaway drinks and cakes are also available.

ACTIVE SENIORS Seated exercise in normal clothing for seniors who need to maintain or improve their stamina, co-ordination and joint mobility. Sessions are run by a physio and subsidised by the village hall so only £6. Every Wednesday 1pm – 2pm. Just turn up.

NVH LIBRARY has a fantastic selection of paperbacks and hardbacks for you to browse at your leisure. So stock up on reading matter for your holidays. We just ask for a small donation. Exchanges of read or unwanted books in good condition are always welcome.

REGULAR EVENTS For information on the activities below please use the e-mail contact.

Beyond Fitness	Mondays 10:00am	sarah.j.newby@gmail.com
Eden Dance	Monday 4:00pm	kelly-mcclelland@hotmail.co.uk
Tumble Tots	Tuesdays 9:00am – 2:00pm	joanne.street@tumbletots.com
Silver Swans	Tuesdays 3:00pm	stephbell99@gmail.com
Eden Dance	Tuesday 4:00pm	kelly-mcclelland@hotmail.co.uk
Yoga	Tuesday 7:30pm	
Pilates	Wednesday 9:30am	fionawoolnough@hotmail.co.uk
Active Seniors	Wednesday 1:00pm	Just come along
Community Café	Wednesday 2:00 – 4:00pm	Just come along
Rock Choir	Wednesday 7:00pm	Just come along
Bridge	Thursday 10:00am	evansnj2018@gmail.com
Eden Dance	Thursday 4:00pm	kelly-mcclelland@hotmail.co.uk
Zumba	Thursday 8:00pm	kelly-mcclelland@hotmail.co.uk
Baby Sensory	Friday 9:00am	northcumbria@babysensory.co.uk

Matterdale and Watermillock

Matterdale

MATTERDALE CHURCH

We have now put in a planning application to the Diocesan church planning committee and hope to hear in September that we can proceed with planned repairs and works including a new toilet!

We are also launching "Friends of Matterdale Church". The aim is to gain financial support in keeping the church open daily, a landmark in the valley, and to maintain the fabric of this beautiful old building. Many people either living in the parish or beyond, have a strong connection with Matterdale Church. Such people often have fond memories of special services or events. Others, including visitors have been enchanted by the quiet simplicity of the building, its history and its surroundings. It is a church for everyone, a place of calm in a busy world. So do please consider becoming a "Friend of Matterdale Church".

ULLSWATER BREAKFAST meets on the first Saturday in the month at the Royal Hotel Dockray, commencing at 8:00am. Everyone is welcome and we start with a bacon buttie. In August Tim Viney will present 'The Church of England: National Burial Grounds Survey, 'Preserving the past ... Embracing the future'. We then have a break for two months returning in November with a talk by Matt Le Voi of Lakeland Mountain Guides. If readers of Ullswater Together would like to speak or have any suggestions for speakers, contact the Secretary Nick Utting at nick@nickutting.plus.com or mobile 07703354466. Also contact Nick if you would like to be added to the mailing list.

MATTERDALE COMMUNITY ASSOCIATION

also see www.matterdale.org

PUB QUIZ at The Royal Hotel, Dockray. "Are you Smarter than an 18-year-old?". Sunday 1st September. 6:30 for 7:00pm. The quiz will be compiled and led by Matterdale 18-year-olds, Anna Bray and Rebecca Boving-Foster. Pit your wits against A Level exam boards and more.

KEEP FIT Every Friday during term time in the grounds of The Royal Dockray. 12:00 -1:00pm. We will be back in September. First session free. Please contact Veronica Gore for more details vagore16@gmail.com

FILM CLUB meets at members' homes at 8:00pm on the 4th Tuesday of the month. Please contact Veronica Gore if you would like to join - vagore16@gmail.com

STEEL BAND Monday evenings. 7:00 – 8:00pm. Wednesdays. 2:00pm. Please contact Peter Crofts if you are interested – 01768482205. We are currently looking for a bass pan player for Monday nights (training can be provided) and new players for Wednesday afternoons.

MATTERDALE SUMMER DAY Saturday 10th August. Gates open 11.30am, activities begin at 12 noon. It's back! Matterdale Summer Day on Matterdale Recreation Field. Yes, it's here again. Brought to you by the Matterdale Community Association. **There will be a day of fun, sports, competitions, music, food, animals, tractors, marquees, stalls and some exciting new attractions.**

Bring your friends and family to a brilliantly curated day with activities for all.

With the Matterdale Summer Day taking place on the penultimate day of a top sporting event happening in France, rather topically we have our very own Paris(h) Olympics taking place right here in our lovely valley. With Matterdale style traditional sports competitions such as **potato and spoon race, egg throwing, three legged race** and many more there will be more attention here than across the water in France. Come down to win your gold medals and stand atop the podium for your photo finish. In addition to the old favourites including the **lighthearted dog show**, this year we are adding **dog agility** for our furry friends. So also bring your dog along to have a go at jumps, tunnels and hurdles. There will be some interesting animals on show including fell ponies, sheep and pigs - all with accompanying talks so you can learn about their history and living habits.

For those interested in art, you will be able to get involved in **kite making** and **3D felt** art plus watch demonstrations of **wool spinning**. In addition to these local crafts **delicious produce** available from local makers will be on sale - **honey, meats, jams** and the local gardening group will be sharing their knowledge and plants.

Local groups such as SITU, Friends of the Ullswater Way, Another Way, Penrith & District Red Squirrel Group and Matterdale's Habitat Survey will be on hand to update you with their latest projects and plans.

Stalls include **Tombola, Hook-a-Duck, a cake stall and the amazingly popular Wishing Tree** - we have some incredible product and service donations from local businesses including **Askham Hall, Lowther Castle, The Quiet Site, Cumbria Life, The Wild Strawberry, Emma's Dell, Another Weigh, Bella Clifford Furnishings, Jane Firth Felt Art, Rheged, Catsycam, Ullswater Paddle Boards, Inn on the Lake, Theatre by the Lake** with many more coming in every day - form an orderly queue!

Our music repertoire has extended somewhat and this year we will have three different bands including **Peter Crofts and his Bald Mountain String Band** who will be first on to get you warmed up with some Ceilidh moves. The **Morland Ukelele Group** is bringing 20 of its uke players with tunes to sing along to, and at the end of the day **The Coats** featuring Alex Wilkinson will be playing electric covers to get you dancing.

The bar will be operated by the team from **The Royal Hotel, Dockray** and food is coming to you from **Fells and Dales Catering**.

There will be marquees should the weather be more Matterdale than Monmartre. A more detailed programme will be coming soon but in the meantime you can buy your tickets here, only £5 per person.

Matterdale Parish Council

Matterdale Parish Council covers the Matterdale and Watermillock areas. Its next meeting is expected to be on Monday 2 September 2024 in Watermillock Village Hall starting at 7:00pm. Meetings are usually two-monthly and are open to the public but it is helpful if anyone intending to come contacts the Clerk in advance of the meeting; he is Nick Phillips of 14 Twickenham Court, Carlisle CA1 3TW (tel 07508001602; email matterdaleparishclerk@gmail.com). The agenda is published on the notice board at Dockray and on the council website. It is also available from the Clerk. Draft minutes are also put on the Parish Council website. Planning applications are considered either at Council meetings or at meetings of the Council committee for the area in which the site is situate. There is always an opportunity for Parishioners to raise matters of concern in the meeting (usually early on the Agenda); this is especially useful if there is a controversial planning application. The Parish Council role in the planning process is to respond to invitations from the Park Authority ("LDNPA") as planning authority; objection at Parish Council level does not preclude the objector from putting the objection to LDNPA as well.

Following the resignation of one of the Watermillock Councillors, there is now a vacancy on the Parish Council and the Council is therefore seeking to Co-opt a new councillor. If you are interested please contact Nick Phillips, Clerk via email.

Watermillock

ALL SAINTS CHURCH WATERMILLOCK

Congratulations to All Saints church who have also achieved their Bronze Eco church award. The wild-flower meadow has looked particularly amazing this year, as you can see on the front cover photo. Across all three churches we are looking at ways to make a difference to our immediate environment as well as being aware of global issues.

This summer we have been in discussions with the Architect as to ways forward with regards to the repairs to the tower, vestry roof and south wall. The first step has been to have a 'bat survey' and given the location of the church it's not surprising we are hosting at least two species of bat. This will not mean we can't do the repairs, but will need a licence to get work done.

We are arranging a feasibility study to help us be more clear about options to ensure the church is financially sustainable for the future. Once this has been undertaken we will be able to have further community consultation to talk through what our options are.

WATERMILLOCK VILLAGE HALL

The hall is run by a committee of volunteers. It is a Charitable Incorporated Organisation.

The hall website shows when it is available for bookings; it has been successfully used in the past for wedding receptions, birthday and other parties, bridge and camping groups. Hire charges are reduced for those living in the civil parish of Matterdale (see website for standard charges which apply).

FRIENDS OF ULLSWATER WAY August 1. 7:30pm. Talk by Lord Inglewood (also on ZOOM)

ART GROUP meets most Wednesdays (usually 1:30pm-4:00pm. Contact Sandra 01768-840357 or mail bs.larocque60@hotmail.co.uk for information on full day events).

HARP GROUP meet usually on the first Thursday of the month starting at 10:00am

YOGA on Friday mornings Jane Shaw runs a mixed ability yoga class to which beginners are welcome. Contact her at jane.yoga10@gmail.com for further details.

ULLSWATER GARDEN GROUP usually meets on the third Tuesday of the month: 2:00pm - 4:00pm in the hall. All with any level of interest and experience in gardening and gardens will be welcome. The Group arranges a variety of speakers, activities, open gardens, visits and, of course, tea, coffee and cake. Entrance is £4 to cover costs; come when you can. We loom forward to:-

- | | |
|--------------|--|
| 20 August | Raby Castle and Gardens / Eggleston Hall Garden Centre. Entrance and Coach £30 |
| 17 September | Developing Dalefoot compost and peat bog restoration |
| 15 October | Danny Teasdale. Wildlife, flood management and food production in Ullswater |
| 19 November | Alan Oatway. Patagonia: Peaks, Plants and Penguins |
| 12 December | Ken Swift. Lingholm guided walled garden tour visit and afternoon tea |

Patterdale, Glenridding, Deepdale and Hartsop

GLENRIDDING VILLAGE HALL

HEALTHY HOMES PROJECT Monday 12 August 10am - 4:00pm. Drop-in session for landlords and tenants, organised by Westmorland and Furness Council.

ANNUAL ULLSWATER ART EXHIBITION 16 - 18 August. 10:00am - 6:00pm.

K SHOES MALE VOICE CHOIR Friday 4 October. 7:30pm. Adults £10, Under-16 £6.



PATTERDALE COMMUNITY FUND

Grants are available, of up to £500, to help you get through a time of financial difficulties. If you are have to make a choice between putting food on the table or putting the heating on, we could help. For more information please email patteredalecommunityfund@gmail.com

PATTERDALE YOUTH AND COMMUNITY FUND

Are you aged 12-24 and live in the Parish of Patterdale?

We aim to provide financial support to young people, resident in the Parish of Patterdale, in fulfilling their potential with small match-funded grants of up to £1000.

For an application form or more info please email patteredaleycf@gmail.co

BRITISH LEGION GLENRIDDING BRANCH

This meets periodically in Glenridding. For more information contact Ann on 017684 82462.

IT EQUIPMENT FOR PATTERDALE SCHOOL

Patterdale C of E Primary School is a wonderful part of the Ullswater community and is the catchment school for about half of the Matterdale Parish as well as the Patterdale Parish.

The teachers do a fantastic job with the resources available to them. The school follows its own bespoke curriculum which incorporates lots of hands-on experiences but this curriculum would be greatly enhanced by improvements in our computer technology so the children can complete internet research and connectivity, opening new doors of possibility. The investment would be for 29 new HP laptops, with Windows 11, plus 2 interactive whiteboards; one for each classroom. This comes to a total of £20,013.27. With reducing numbers of children in the area, the school's budget is getting increasingly squeezed, meaning there is not capacity make such a high outlay.

The Patterdale School Support Group have set up the below JustGiving page, in the hope that the community would be willing to help raise sufficient funds to buy the laptops. If you are a taxpayer and would like us to collect the gift aid on your contribution, please tick the gift aid box and we can collect the tax rebate too. <https://www.justgiving.com/patterdaleschoolsupportgroup>

Or contribute via BACS to the Patterdale School Support Group:

Sort Code 09-01-55 Account No. 61692084.

Any contribution, large or small, is absolutely appreciated and we thank you in advance for taking the time to support our wonderful school. Thank you to those who have already contributed, we are nearly a quarter of the way to our total.

Andrew Callaway Chair of Governors, Catherine Wilmot Clerk to the Governors.

PATTERDALE Y6 LEAVERS TREAT

On Monday the six Y6 leavers from Patterdale C of E Primary School visited St Patrick's to ring the bells. The children had a go at ringing peals and tunes. Once they had practiced they rang a peal as the rest of the school arrived for their collective worship in church.

PARISH BOUNDARY WALK

Saturday the 6th July saw 76 individuals walking the challenging route that is the Patterdale Parish boundary, a further six families took part in the walk from Kirkstone Top to Patterdale school. The forecast was poor, but the day was bright with only a couple of showers. Everyone enjoyed the stunning scenery that our magnificent Dale has, though there were some sore legs afterwards, mine included. One speedy person covered the whole 30 mile route which has over 10,000 feet of climbing in an amazing time of 5 hours 53 minutes.

My thanks go to all of the team who helped stage this event, all of you who donated to the school and church by sponsoring someone and to Dalemain Estates for allowing so many feet to tramp across their land.

Roll on the first Saturday in July 2025 when we get a chance to do it again.

LUNCH AND CHAT

St Patrick's has teamed up with Patterdale C of E Primary school to provide lunch and an opportunity to socialise for people who find it difficult to get out and meet people. The idea is that those who are isolated in our community will be picked up in the school minibus and take to lunch in school. Following the meal there will be a chance to chat together and with the children, to play games and share memories. The first lunch will be on Tuesday 24th August from 12.00am to about 2.00pm and there is no charge for joining us. If you would like to join us or know someone who would benefit from this contact Andrew on 07963 755905.

MAKE AND MEND

Do you enjoy crafts or tinkering and mending things. We have a club that may well suit you. Make and mend meets on the first Monday of the month in the St Patrick's meeting room, from 10.00 to noon. There are lots of crafts to try or bring your own and some projects to get your teeth into. Refreshments and chat on tap.

UKRAINIAN FUND

When the invasion of the Ukraine first started, a huge effort was made to reach out to refugees coming to this country. We hosted families for a holiday in Glenridding a couple of years ago and

this made a positive impact on their well-being. This year, with some of the remaining money you raised, we have reached out again. Talking to the group from Manchester that we had links with, we decided to do the following:

Send donations to five Ukrainian groups in Manchester to help their work with children. We sent £500 to each group. These were: a Ukrainian dance group, scout group, youth group, Ukrainian Saturday school and the Ukrainian church in Manchester's youth group. Each group has used the money to fund uniforms or costumes, trips and activities for the children. The church went on a pilgrimage to London to see an Icon and as a thank you sent an icon from the Ukraine to St Patrick's. It is on display at the back of the church.

We also are funding an activity holiday for a group of Ukrainian children from Manchester to Patterdale Hall. This took place on the 25th and 26th of July. Altogether we have spent nearly £5300 from the fund. The remainder will be used to support a primary school in Ukraine that the primary school in Patterdale is linking with.

Barton, Pooley Bridge and Martindale

BARTON BENEFICE (Barton, Martindale, Pooley Bridge)

COMMUNITY HIGH TEA AT THE QUEEN'S HEAD Wednesday 7 August. 4:30pm.

VOLUNTEERS WANTED Do you enjoy gardening and have some time to offer towards the upkeep of the St Michael's, Barton churchyard? All gardeners welcome, please contact the Churchwarden, Jackie Murray at themurrays17@outlook.com or phone 07484 260 017.

TIRRIL & SOCKBRIDGE VILLAGE HALL

SHORT MAT BOWLING Mondays. 2:00 - 4:00pm. Joanne.playfair@btinternet.com

SUSTAINED PAINTERS Mondays. 7:00 - 9:00pm. Haydn Morris: 01768 865072

CRAFT & CRAIC First and third Tuesday. 2:00 - 4:00pm Barbara McCormick 07989 251912

TIRRIL ART GROUP Wednesdays. 1:00 - 4:00pm Silvia Thompson smthmpson45@gmail.com

WINE TASTING Second Thursday. 7:30pm. Clare Tremayne 01768 606915

TIRRIL & SOCKBRIDGE SUMMER FAIR Saturday 10 August. 1:30pm in the field behind the hall.

PARKIN MEMORIAL HALL, POOLEY BRIDGE

FRIENDS OF ULLSWATER WAY TALK Tuesday 5 September. 7:00pm

POOLEY BRIDGE AND BARTON PARISH COUNCIL Thursday 12 September. 7:00pm

CRAFT FAIRS See 'Dates for your Diary'.

WOMEN'S INSTITUTE

We meet monthly in Parkin Memorial Hall, Pooley Bridge – all welcome
Thursday 15 August. 7h:00pm. "A Year as High Sheriff." Alan McViey

ECO-TIP

HAVE YOU CONSIDERED...
carrying a reusable water bottle
wherever you go to avoid having
to resort to single-use plastic
bottles this summer ?

FRUSTRATED BY ROAD WORKS AND CLOSURES?

<https://one.network>
shows a map of current
and upcoming closures
and works in your area.
You need an account to
sign-in, but it's free!



Sunday Church Services in the Ullswater Mission Community

Services listed where known. Readings for the week are decided by the local churches.

4th August

Barton	No service
Pooley Bridge	10:00am Church4All
Martindale	11:15am Holy Communion
Dacre	9:30am Morning Worship
Stainton Methodist	10:30am Morning Worship
Watermillock	No Service
Matterdale	11:00am Holy Communion [CW]
Patterdale	10:30am Holy Communion [CW] 6:30pm Holy Communion [BCP]

11th August

Barton	11:00am Holy Communion
Pooley Bridge	10:00am CHurch4All
Martindale	No Service
Dacre	9:30am Holy Communion [CW]
Stainton Methodist	10:30am Morning Worship
Watermillock	11:00 am Holy Communion
Matterdale	No Service
Patterdale	10:30am Morning Worship

18th August

Barton	No Service
Pooley Bridge	10:00am Chrch4All with HC
Martindale	No Service
Dacre	9:00am Morning Worship
Stainton Methodist	10:30am Morning Worship
Watermillock	No Service
Matterdale	11:00am Morning Worship
Patterdale	10:30am Holy Communion [CW]

25th August

Barton	11:00am Morning Prayer
Pooley Bridge	10:00am Church4All
Martindale	5:30om Evensong (<i>Old Church</i>)
Dacre	9:30am Holy Communion [CW]
Stainton Methodist	10:30am Morning Worship
Watermillock	11:00am Morning Worship
Matterdale	No Service
Patterdale	10:30am Morning Worship

1st September

Barton	No Service
Pooley Bridge	10:00am Morning Prayer
Martindale	11:15am Holy Communion
Dacre	9:30am Morning Worship
Stainton Methodist	10:30am Morning Worship
Watermillock	No Service
Matterdale	11:00am Holy Communion
Patterdale	10:30am Holy Communion

8th September

Barton	11:00am Holy Communion
Pooley Bridge	No Service
Martindale	No Service
Dacre	9:30am Holy Communion [BCP]
Stainton Methodist	10:30am Morning Worship
Watermillock	11:00am Morning Worship
Matterdale	No Service
Patterdale	10:30am Morning Praise

15th September

Barton	No Service
Pooley Bridge	10:00am Holy Communion
Martindale	No Service
Dacre	9:30am <i>Harvest Festival</i>
Stainton Methodist	10:30am Morning Worship
Watermillock	No Service
Matterdale	11:00am Morning Worship
Patterdale	10:30am Holy Communion [CW]

22nd September

Barton	11:00am Morning Prayer
Pooley Bridge	No Service
Martindale	No Service
Dacre	9:30am Morning Worship
Stainton Methodist	10:30am Morning Worship
Watermillock	11:00am Holy Communion
Matterdale	No Service
Patterdale	10:30am Morning Worship

29th September

Barton	No Service
Pooley Bridge	No Service
Martindale	11:15am BENEFICE Holy Communion
Dacre	9:30am Holy Communion [CW]
Stainton Methodist	10:30am Morning Worship
Watermillock	6:30pm Benefice Evensong
Matterdale	No Service
Patterdale	10:30am <i>Harvest Festival</i>

Where are We?

Barton Church	CA10 2LR
Pooley Bridge Church	CA10 2NR
Martindale Church	CA10 2NF
Stainton Methodist	CA11 0EE
Dacre Church	CA11 0HL
Watermillock Church	CA11 0LR
Matterdale Church	CA11 0LD
Patterdale Church	CA11 0NL

Requests for prayer, christenings, weddings or funerals

Barton, Pooley Bridge and Martindale

Rev Geoff Withers 07427 685265
revgwithers@gmail.com

Dacre, Watermillock and Matterdale

Rev. Cathy Helm 07907 404686
rev.cmhelm@gmail.com

Stainton Methodist Church

Rev. Tim Cooke 07972358851
tim.cooke@methodist.org.uk

Tracey Cooke 07891 532979

tracecooke1@gmail.com

Patterdale, Glenridding, Deepdale and Hartsop

Rev Andrew Callaway 07963 755905

Dates for your Diary

01 Aug	Friends of Ullswater Way Talk	7:30pm	Watermillock VH
03 Aug	Craft Fair	9:00am	Parkin Memorial Hall
04 Aug	Craft Fair	9:00am	Parkin Memorial Hall
12 Aug	Healthy Homes Project	10:00am	Glenridding VH
14 Aug	Matterdale Summer Day	11:30am	Matterdale Recreation Field
16 Aug	Annual Ullswater Art Exhibition till 18 Aug	10:00am	Glenridding VH
17 Aug	Craft Fair	9:00am	Parkin Memorial Hall
18 Aug	Craft Fair	9:00am	Parkin Memorial Hall
23 Aug	Virtual Quiz Night	8:00pm	ZOOM
24 Aug	Craft Fair	9:00am	Parkin Memorial Hall
25 Aug	Craft Fair	9:00am	Parkin Memorial Hall
01 Sep	Pub Quiz	6:30pm	Royal Hotel, Dockray
05 Sep	Friends of Ullswater Way Talk	7:00pm	Parkin Memorial Hall
07 Sep	Craft Fair	9:00am	Parkin Memorial Hall
08 Sep	Craft Fair	9:00am	Parkin Memorial Hall
14 Sep	Farmers Market	9:30 – 12:30pm	Stainton VH
14 Sep	Harvest Supper	7:00pm	Newbiggin VH
14 Sep	Craft Fair	9:00am	Parkin Memorial Hall
15 Sep	Craft Fair	9:00am	Parkin Memorial Hall
21 Sep	Farmers Market	9:30 – 12:30pm	Stainton VH
21 Sep	Coffee Morning	10:00	Dacre VH
21 Sep	Craft Fair	9:00am	Parkin Memorial Hall
22 Sep	Eden Valley Guild Peg Loom Workshop	9:30 – 12:30pm	Stainton VH
22 Sep	Craft Fair	9:00am	Parkin Memorial Hall
27 Sep	Virtual Quiz Night	9:30 – 12:30pm	Stainton VH
04 Oct	K Shoes Male Voice Choir	7:30pm	Glenridding VH

Opinions expressed in Ullswater Together do not necessarily represent those of the Church of England or the Editor.

The Editor may edit, amend or not use material. There is no guarantee of inclusion of material within an issue.

No liability can be accepted for the consequence of errors or omissions.

We can email a copy of Ullswater Together (in pdf format) to those living outside our delivery area who want to keep in touch or to anyone who prefers an electronic copy. To be added to the e-mailing list please contact the Editor.

ULLSWATER BUS

Following the success of last year's Ullswater Bus, there will be an expanded service this year running on weekends and bank holidays from 23 March to 3 November. The two routes are:-

Aira Force > Leeming House > Ullswater Holiday Park > The Quiet Site > Another Place > Waterfoot Car Park > Pooley Bridge > Park Foot > Waterside > UYC > Howtown and return four times a day.

Penrith > Lowther > Askham > Pooley Bridge > Aira Force > Dockray > Matterdale End > Troutbeck > A66 > Keswick and return, four times a day.

Timetables are available on situcumbria.org.uk and by Stagecoach, the Ullswater Steamers, the National Trust, participating accommodation businesses and others. They are also displayed on various notice boards in the valley.

Contacts for community listings

Next 'Ullswater Together' magazine

The August/September edition will be available on the last weekend in July. Copy to community contacts please by Friday, September 20th.

Barton, Pooley Bridge and Martindale

Dr Katy McConkey
UllswaterChurches@gmail.com

Dacre and Stainton

Sue Harbottle 07584 577966
sharbottle@aol.com

Matterdale

Emma Bray 07884 430290
emma_ggable@outlook.com

Watermillock

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Advertising copy and enquiries for advertisements

Jane Newport 017684 82367 / 07876 456097
janenewport7@gmail.com

Regular Events across the 'Ullswater Together' area

MONDAYS		
Newbiggin and Stainton Playgroup	09:30	Stainton VH
Beyond Fitness	09:00	Newbiggin VH
Eden Dance	16:00	Newbiggin VH
Shotokan Karate Class	17:30	Stainton VH
Keep Fit	19:00	Stainton VH
TUESDAYS		
Tumble Tots	9:00	Newbiggin VH
Fitness Pilates with Pure Stretch	10:30	Stainton VH
Ullswater Garden Group <i>Third Tuesdays</i>	14:00	Watermillock VH
Community Cafe	14:00	Stainton VH
Silver Swans	15:00	Newbiggin VH
Eden Dance	16:00	Newbiggin VH
Yoga	19:30	Newbiggin VH
Film Club	20:00	Various venues in Matterdale
WEDNESDAYS		
Pilates	09:30	Newbiggin VH
Get Fit 4 Life	10:15	Stainton VH
Active Seniors	13:00	Newbiggin VH
Art Group	13:30	Watermillock VH
Community Cafe	14:00	Newbiggin VH
Kanzan Karate	16:30	Stainton VH
Stick Mobility	18:00 and 19:00	Stainton VH
Badminton	18:00	Watermillock VH
Rock Choir	19:00	Newbiggin VH
THURSDAYS		
Circuits	09:00	Stainton VH
Pure Stretch	10:00	Stainton VH
Boot Camp	17:00 and 18:00	Stainton VH
Bridge	10:00	Newbiggin VH
Harp Group <i>First Thursdays</i>	10:00	Watermillock VH
Scottish Country Dancing	19:30	Stainton VH
Zumba	20:00	Newbiggin VH
FRIDAYS		
Baby Sensory	09:00	Newbiggin VH
Ivengar Yoga	11:45	Stainton VH
Keep Fit	12 noon	Royal Hotel, Dockray
Lets Box	13:30	Stainton VH
SATURDAYS		
Ullswater Breakfast <i>First Saturdays</i>	08:00	Royal Hotel, Dockray
Farmers Market <i>Third Saturdays</i>	09:30	Stainton VH
Craft Fair	09:00	Parkin Memorial Hall, Pooley Bridge
SUNDAYS		
Craft Fair	09:00	Parkin Memorial Hall, Pooley Bridge

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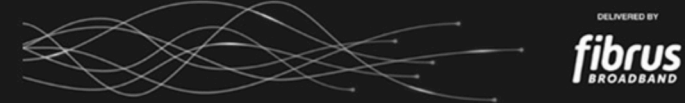
lynn@lynnemery.co.uk



Local Road Closures

- 28th July - 6th August**
Martindale to Sandwick
- 7th - 16th August**
Martindale to Boredale Head & Sandwick
- 10th - 12th September**
byway between Martindale & Sandwick

The road will be open as far as Martindale so access to St Peter's Church will be maintained.



Do you want to work for yourself and make a difference to people's lives?

People in Eden need extra help to live the way they want to, perhaps because they are older, disabled or have a long-term health condition.

Community Catalysts is seeking people who would like to provide care and support to people on a self-employed basis. You will help people to be more independent with things, such as cleaning, cooking, or help with washing and dressing and taking trips out in the local area. And you don't need any care or business experience, just to know what good care looks like.

We provide clear and simple guidance to set up as self-employed, or as a community micro-enterprise as we like to call it. Running your own micro-enterprise can be flexible and fits around family life, hobbies and interests.

We can also signpost you to a start-up grant of up to £500!

Our support is free to you, as the project is funded by Westmorland and Furness Council. Please get in touch for an informal chat to find out more.

Call **07435 943 901** or email hannah.turner@communitycatalysts.co.uk

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August

Every Wednesday – Chippie Tea Nights

**17th – At The Corner Cabin Shop -
Market Day, 10 -2pm.** – showcasing local produce as sold in our recently opened shop. Breakfast Baps / Hot & Cold drinks / local produce / free tasters #shoplocal

September

Every Tuesday – Burger & Kebab Night

**28th – Country Night – Theme Menu &
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Our Food truck 'Field to Fork' & Bar trailer please contact us at either pub or at one of the events.

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August

Every Tuesday – Chippie Tea Nights

Weekend specials menu alongside our regular menu throughout the month.

Friday Night - Takeout night special
(call or check Facebook for weekly deal)

Takeaways available every night from main menu

September

Every Tuesday – Burger & Kebab Night

21st – American Grill theme menu and live music by Adam Day



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Wednesday 18 September, 7pm

'Second Nature: The Story of a Naturalist's Garden' with Susie White

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Wednesday 16 October, 7pm

'The Mercy Chair' with M.W. Craven

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Wednesday 20 November, 7pm

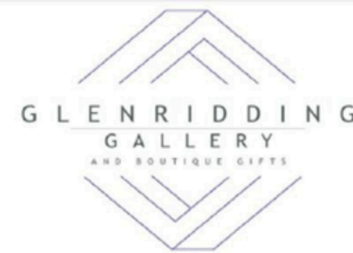
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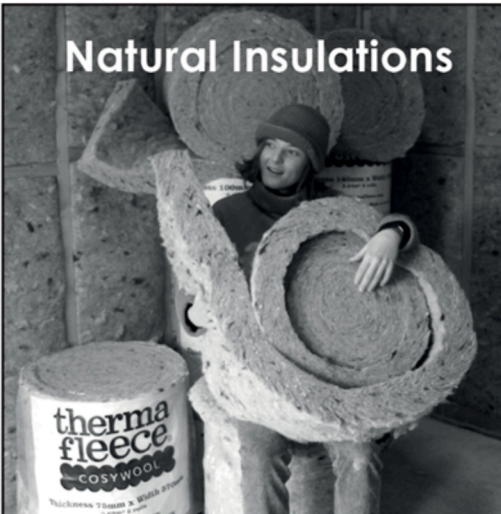
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Y4 children help to identify bio-diversity in Dacre Churchyard



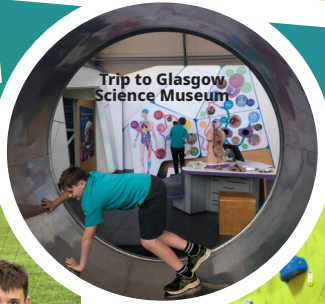
Stainton success at Greystoke Football Competition



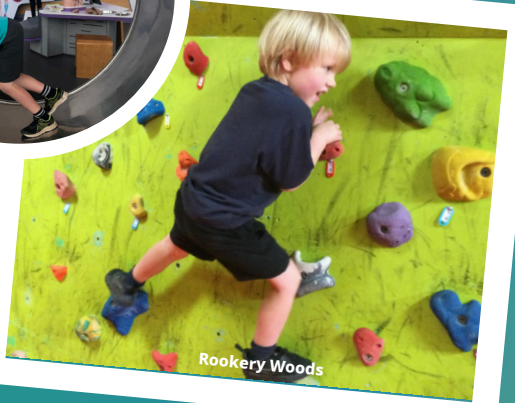
Success at the Church in the Barn Football Tournament



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The Pet Service at Dacre

